

February

2021



THRIVE

Learning Centre

Your Journey Starts Here

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 A Conversation about Conversations <u>10:30am-12:00pm</u> Effective Assertiveness 1:30pm-3:00pm	23 Healthy Self-Love <u>10:30am-12:00pm</u> When Substance Use becomes Problematic 1:30pm-3:00pm	24 A Conversation about Conversations <u>10:30am-12:00pm</u> Effective Assertiveness 1:30pm-3:00pm	25 Healthy Self-Love <u>10:30am-12:00pm</u> When Substance Use becomes Problematic 1:30pm-3:00pm	26	27
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